

Dietitians in Action

May Volunteer Newsletter

FEATURED OPPORTUNITIES

Metro Caring

EVENT	LOCATION	DATE	POSITION	CONTACT
Metro Caring	Denver Area	Ongoing	<p>Nutrition Educators needed in the Denver area to lead weekly healthy tasting presentation in the Welcome Center for Metro Caring participants. The time commitment is 3 hours per week for a minimum of twelve weeks.</p> <p>To complete the online application visit https://www.volgistics.com/ex/portal.dll/ap?AP=489809774</p>	<p>To volunteer, contact Lannea Hand at lhand@metrocaring.org</p>

Cooking Matters Colorado

EVENT	LOCATION	DATE	POSITION	CONTACT
Cooking Matters at the Store	Statewide	Ongoing	<p>Individuals needed to teach skills to community members on ways to stretch their food budgets and cook healthy meals.</p>	<p>Learn more at Cooking Matters</p>

American Heart Association/ American Stroke Association

EVENT	LOCATION	DATE	POSITION	CONTACT
Health and Wellness Lunch and Learns	1777 S. Harrison St. Suite 500, Denver CO 80210	Lunch and learn seminars and health fairs typically take place Monday – Friday between 11 a.m.- 1:30 p.m. or 4:30-5:30 p.m. Time commitment and total number or hours can be discussed with site supervisor following sign up.	Facilitate cardiovascular and stroke health promotion as a health ambassador delivering information to target audiences in an engaging and professional manner that is consistent with the recommendations and guidelines of the AHA.	Amanda Havens at amanda.havens@heart.org or 303-801-4640

9Health Fair

EVENT	LOCATION	DATE	POSITION	CONTACT
Health Fairs	Statewide	Ongoing	9Health Fair depends on the 15,000 volunteers that lend us their time and expertise each year. We are always looking for committed volunteers with a desire to promote health awareness. The site leaders will then contact you with more details.	Anyone interested in volunteer opportunities can visit our website to find the fair (or fairs!) you'd like to volunteer at and simply sign-up online!



If you would like your volunteer event included in next month's newsletter, please contact our Volunteer Coordinators; Katie Kage, katie.kage@unco.edu and Aryn Doll, arynkdoll@gmail.com.